



Lactation Consultants South UK

Breastfeeding Workshops

Building on our understanding of breastfeeding:

17th & 18th April 2009

Topics covered will include:

Day 1

Anatomy & physiology – revisited: applying it to practice
Looking at techniques & equipment that support breastfeeding practice.

Day 2

Oral anatomy & physiology of the newborn
High palate/cleft/ tongue-tie
Feeding issues related to oral problems and to other problems such as Down's Syndrome

Understanding breastmilk, the preterm baby, & other issues:

15th & 16th May 2009

Day 3

Specific nutritional needs of preterm babies
Techniques & equipment that could be used
Developing our practice with the preterm

Day 4

Constituents of breastmilk – how does this inform practice?
Taking a feeding history
Milk banking and storage of breastmilk
Medications and breastfeeding

Moving breastfeeding practice on:

12th & 13th June 2009

Day 5

Feeding the older baby
Induced lactation and relactation
Working while breastfeeding
Tandem feeding, nursing strikes and other issues

Day 6

Slow weight gain or failure to thrive
Becoming a Lactation Consultant
Cultural and ethical issues and infant feeding
Reviewing slides on breastfeeding issues

Venue: Bedhampton Social Club, Bedhampton, Nr Portsmouth, Hants

Time: 0900 – 1600

Cost: £65.00 individual days
£120.00 two days
£310.00 whole course (6 days)

Refreshments including a sandwich lunch. Suitable for CERPs

Applications to: LC South UK, 12 Ash Close, Cowplain, Hants PO8 8TU.

023 9278 2481 (eves)

or email: Sarah@LCSouthuk.biz

Detach.....

I would like to attend the workshop/s on.....

Name.....Tel Number

Address.....

Postcode E-Mail

Cheques payable to LC South UK. Invoices cannot be sent.

No refund if cancelled less than 2 weeks in advance. Cancellation fee – 10% of fee paid. Programme and maps sent on booking.